

NORTILIX-P TABLETS

Nortriptyline Hydrochloride I.P. 10 mg + Pregabalin I.P. 75 mg

Relief Beyond Pain Neuropathy Sleep Mood

Marketed by: Human Orthocare

A Subsidiary of Human Biolife India Pvt. Ltd.

www.humanorthocare.com



Product Overview

Composition (per tablet):

Nortriptyline HCl I.P.

10 mg

Tricyclic antidepressant for mood stabilisation and sleep improvement

Pregabalin I.P.

75 mg

GABA analogue for neuropathic pain relief

Key Features:

- Pregabalin: GABA analogue → relieves neuropathic pain
- Nortriptyline: tricyclic antidepressant → stabilises mood & improves sleep
- Synergistic effect for **chronic neuropathic conditions**
- Reduces burning, tingling, stabbing pain & emotional distress





**Human
Ortho Care**

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Mechanism of Action



Pregabalin

- Binds to $\alpha 2\delta$ subunit of voltage-gated calcium channels
- Reduces excitatory neurotransmitter release
- Provides relief from neuropathic pain & improves sleep



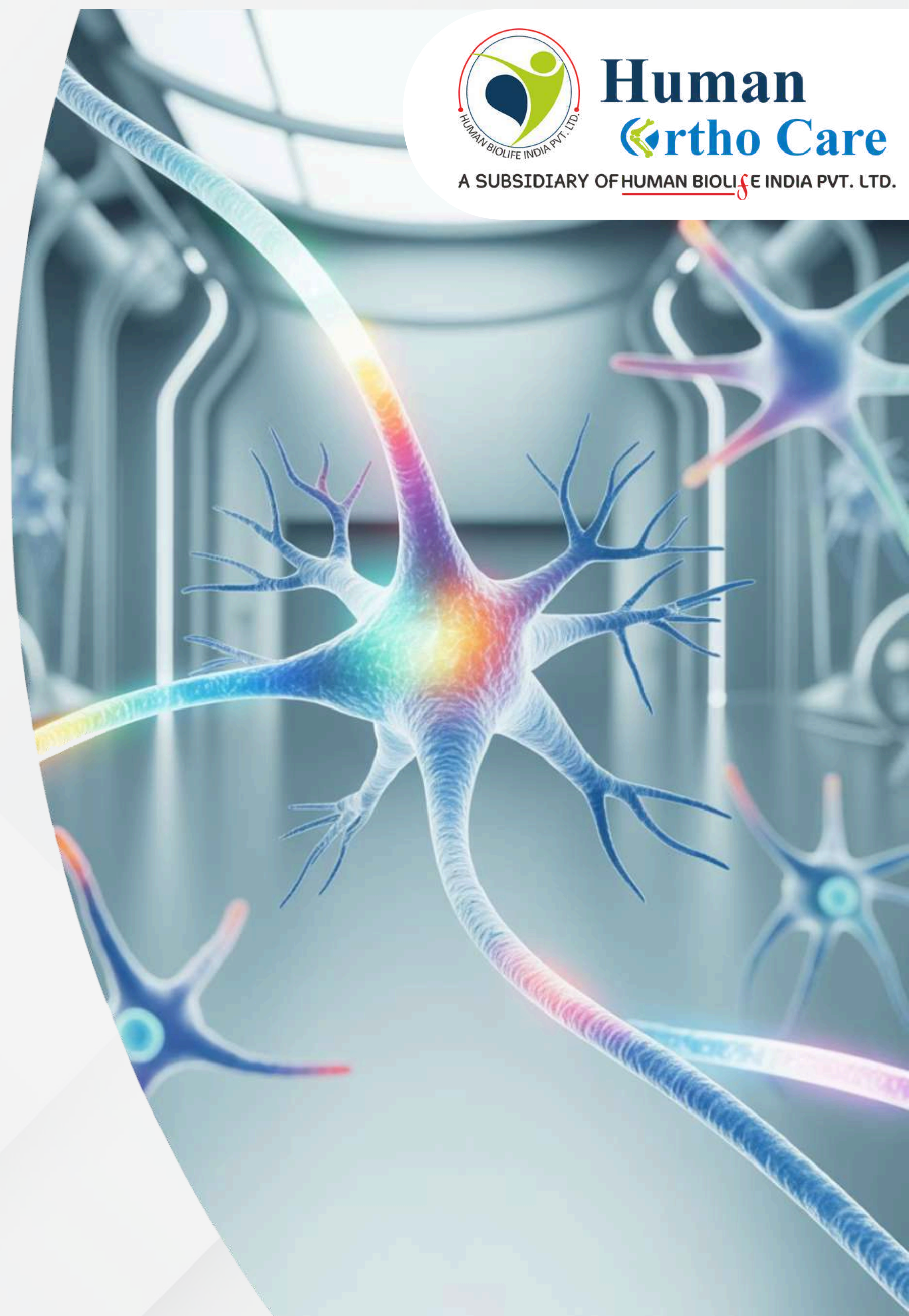
Nortriptyline

- Inhibits serotonin & norepinephrine reuptake → enhances descending pain inhibition
- Improves sleep quality & reduces depressive symptoms
- Complements Pregabalin's analgesic action



Synergistic Result

Pain relief + improved sleep + mood stabilisation



Indications

Nortilix-P Tablets are recommended for:



Diabetic Neuropathy

Comprehensive management of diabetic nerve pain with mood support



Chronic Low Back Pain

Targeting neuropathic features with dual-action therapy



Fibromyalgia

Managing widespread pain with sleep and mood benefits



Post-herpetic Neuralgia

Effective relief from persistent pain following shingles



Sciatica & Radiculopathy

Addressing nerve root compression and associated symptoms



Neuropathy with Insomnia

Dual therapy for pain relief and sleep restoration

Clinical Advantages



Key Benefits of Nortilix-P:

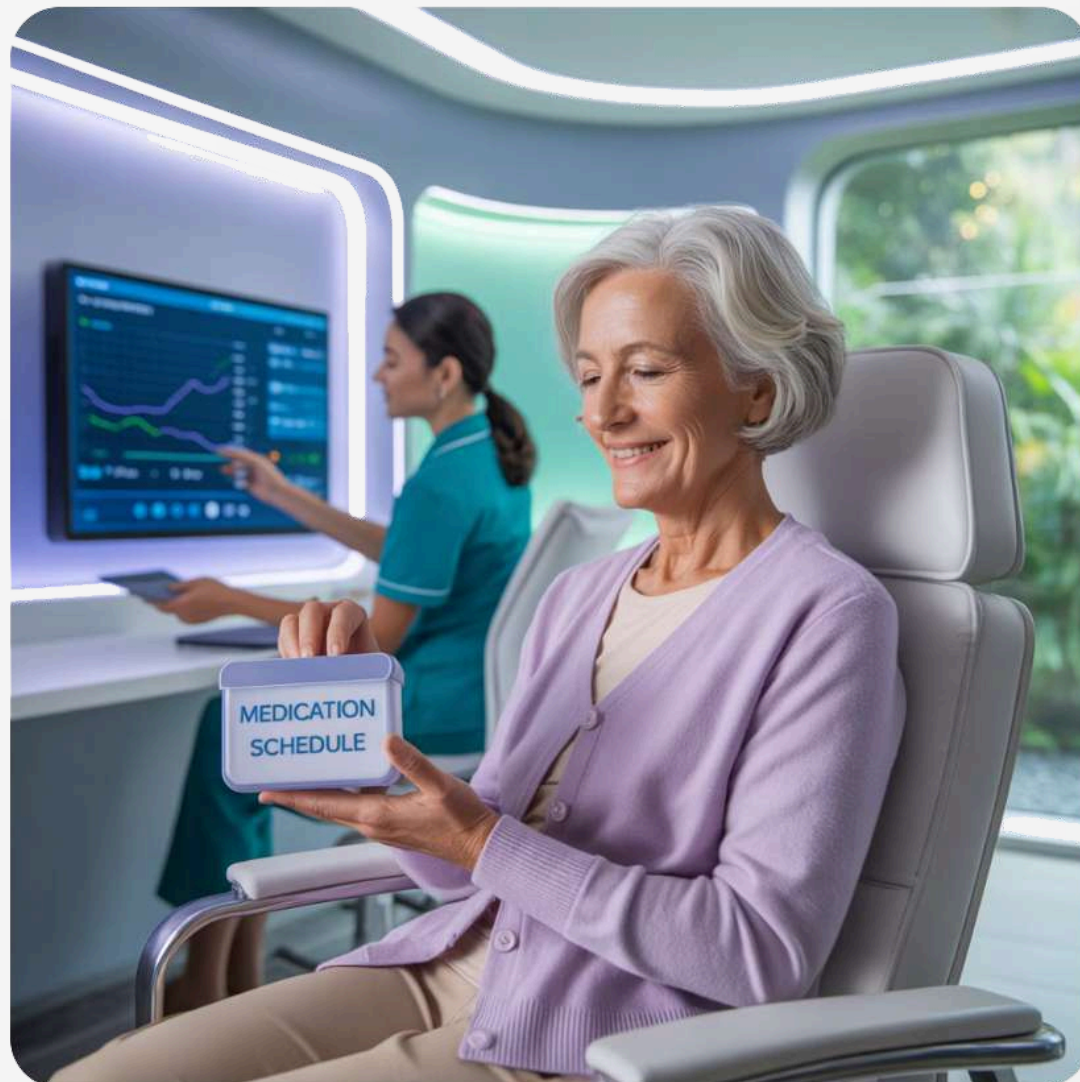
- Dual Benefit**
Neuropathic pain relief + mood/sleep correction
- Simplified Prescribing**
Reduces need for multiple prescriptions
- Superior Efficacy**
Enhanced effectiveness vs monotherapy (Pregabalin or Nortriptyline alone)
- Quality of Life**
Improves patient compliance and overall wellbeing
- Complex Pain Management**
Ideal for chronic & complex neuropathic pain syndromes

Comparison with Other Neuropathy Therapies

Parameter	Nortilix-P (Pregabalin + Nortri)	Pregabalin Alone	Nortriptyline Alone
Neuropathic Pain Relief	✓ Strong	✓ Strong	⚠ Moderate
Sleep Improvement	✓ Yes	✓ Partial	✓ Yes
Mood Stabilisation	✓ Yes	✗ No	✓ Yes
Compliance	✓ High (combo in 1 tab)	⚠ Moderate	⚠ Moderate

Nortilix-P delivers comprehensive benefits in a single tablet

Dosage & Administration



1

Standard Dosage

1 Tablet once or twice daily (as per physician guidance)

Dose titration may be required based on severity

2

Administration

⚠ Administer after meals

Take with adequate water for optimal absorption

3

Special Populations

⚠ Adjust in renal impairment & elderly patients

Monitor closely for enhanced sensitivity

Safety & Tolerability

Possible Side Effects:

Pregabalin-related

- Dizziness
- Somnolence
- Peripheral oedema

Nortriptyline-related

- Dry mouth
- Constipation
- Mild sedation

Rare Effects

- Mood changes
- Weight gain



Contraindications:

- ⊗ • Severe renal impairment (Pregabalin dose adjust)
- Cardiac arrhythmias, angle-closure glaucoma (Nortriptyline caution)
- Pregnancy & lactation (use with caution)

Why Prescribe Nortilix-P?

Doctor's Choice For:



Comprehensive Management

Neuropathy + sleep + mood in one solution



Superior Efficacy

Enhanced results vs single-drug therapy



Sleep & Wellbeing

Improves sleep quality & mental wellbeing in chronic pain patients



Enhanced Compliance

Single-tablet dual therapy convenience



Trusted Quality

Backed by *Human Orthocare* trusted quality standards





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Contact Us

Step into care that moves you forward.

Use with clinical discretion, especially in high-risk orthopedic conditions.

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For medical queries or collaboration:



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